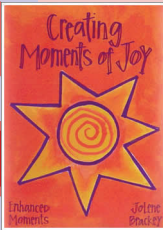


“Creating Moments of Joy” series by Jolene Brackey

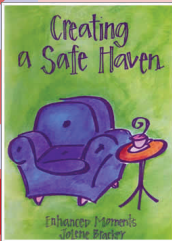


In this presentation, you'll be sure to catch the vision. A vision that we will soon look beyond the challenges of Alzheimer's disease and focus more of our energy on creating moments of joy. It's impossible to create a perfectly wonderful day, but you sure can create perfectly wonderful moments. Joy comes from triggering fond childhood memories, singing a favorite song, sharing simple pleasures and reviving their spirits. Catch the speaker's energy and go away with fun, simple ways to bring joy in to everyday.

July 20th: Creating Moments of Joy Part 1

July 27th: Creating Moments of Joy Part 2

**Location: Providence Park Nursing & Rehab
5505 New Copeland Rd.
6:00-7:30pm**

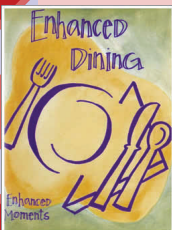


This presentation will help you discover how to create an environment that enhances a sense of comfort. See for yourself how to make physical changes – paint colors, flooring, furniture and space planning – that will enable the person's independence and actually decrease disorientation. By adding significant, familiar items, we can create stimulating journeys and safe havens within their living space. We need to understand the environment absolutely effects how they feel. Discover the many ways we can help the person feel a greater peace everyday.

August 17th: Creating a Safe Haven Part 1

August 24th: Creating a Safe Haven Part 2

**Location: Providence Park Nursing & Rehab
5505 New Copeland Road
6:00-7:30 p.m.**

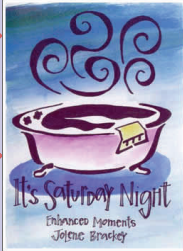


Mealtimes are often highlights of the day, yet they can be the most stressful times for people with Alzheimer's. The idea-packed video presentation shares activities, verbal and visual cues to trigger the dining experience. Find out the many reasons why a person may not be eating, and gain solutions to enhance mealtimes. You'll be amazed at the simple tidbits that will make a big difference! This presentation will help you restore the pleasure of dining to those who need it most.

September 28th: Enhanced Dining

**Location: The Hamptons at Pine Forest
4250 Old Omen Rd.
6:00-7:30 p.m.**

“Creating Moments of Joy” series by Jolene Brackey

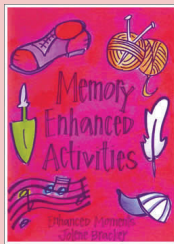


People with dementia have genuine, valid reasons for disliking the bath process. In this presentation, Jolene explores those fears and hesitation so you gain a greater understanding. This understanding will improve the bathing time. Not because the person has changed, but because we have changed. When we answer the questions of when, where, and how the person has always taken a bath, “Saturday night baths” will become better.

October 19: It's Saturday Night

Location: TBA

Time: 6:00-7:30pm



We may not be able to give someone their memory back, but we can give them an experience that triggers their whole memory on how to do something. They may not understand what you are saying but they are more likely to understand what they see, touch, smell and hear. Learn ways to trigger memories by giving them their “stuff” back. It's not about the big things we do. It's about the simple pleasures we share everyday.

November 9: Memory Enhanced Activities – Part 1

November 16: Memory Enhanced Activities – Part 2

**Location: The Hamptons at Pine Forest
4250 Old Omen Rd. Time: 6:00-7:30pm
6:00-7:30 p.m.**



Families have the knowledge to build a bridge between the care provider and the person with Alzheimer's. This upbeat speaker educates families on how to move, what to move, how to visit and what to expect. Once families understand dementia and how to apply the knowledge they hold, they can become “helpers” in the journey. Creating a solid foundation is an opportunity to get started on the right foot.

December 7: Family Moments

Location: TBA

*****Time: 6-8:30pm**